

Sizing Guide (Unisex / Unformed)

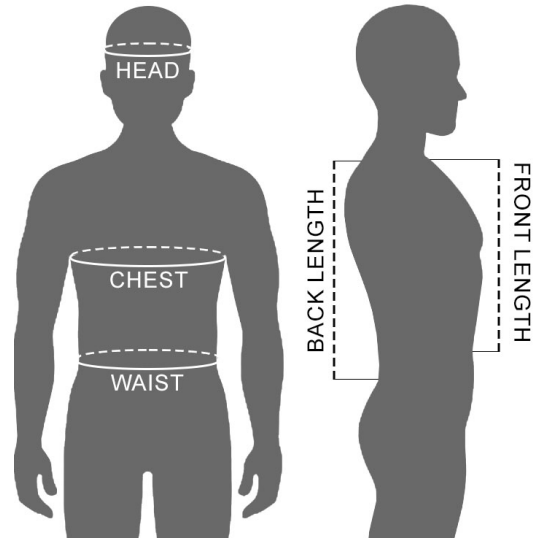
Body Armour

Consider the clothing worn during typical duties. For bulky items, measure whilst wearing to ensure best fit. Body armour is ergonomically designed to sit around the belly button +/- 1 inch. This is the ideal position allowing the body to bend for sitting or crouching.

Ballistic Helmet

Take the measurement from the forehead extending the tape measure all the way around the widest part of the head

The waist is the most essential measurement as this will identify if the panels will meet at the sides to form full wrap around protection.



	Chest	Waist/Stomach	Front Length	Back Length	Head Circumference
	<i>inches (cm)</i>	<i>inches (cm)</i>	<i>inches (cm)</i>	<i>inches (cm)</i>	<i>inches (cm)</i>
S	34-38 (86-96)	26-30 (66-76)	13.0 (33)	17.0 (43)	20.5-21.2 (52-54)
M	38-43 (96-109)	30-34 (76-86)	14.0 (35)	18.0 (46)	21.2-23.2 (54-59)
L	43-46 (109-116)	34-38 (86-96)	15.0 (38)	19.0 (48)	22.5-24.8 (57-63)
XL	46-48 (116-122)	38-42 (96-107)	16.0 (40)	20.0 (51)	24.8-25.2 (63-64)
2XL	48-50 (122-127)	42-46 (107-117)	16.5 (42)	20.5 (52)	
3XL	50-52 (127-132)	46-50 (117-127)	17.0 (43)	21.0 (53)	
4XL	52-53 (132-135)	50-53 (127-137)	17.5 (44)	21.5 (54)	
5XL	54-58 (137-148)	54-57 (137-146)	18.0 (46)	22.0 (56)	
6XL	57-62 (145-158)	57-61 (146-156)	18.5 (47)	22.5 (57)	

For assistance please complete a measurement sheet and email to sales@vestguard.com or have your measurements ready and call +44 (0) 1621 816614

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Name	<input type="text"/>
Position	<input type="text"/>
Organisation	<input type="text"/>
Telephone / Email	<input type="text"/>
Weight	<input type="text"/> lbs <input type="checkbox"/> kg <input type="checkbox"/>
Height	<input type="text"/> Inches <input type="checkbox"/> cm <input type="checkbox"/>
Largest chest circumference	<input type="text"/> Inches <input type="checkbox"/> cm <input type="checkbox"/>
Inner chest (arms out front, measure between)	<input type="text"/> Inches <input type="checkbox"/> cm <input type="checkbox"/>
Largest waist/ stomach circumference	<input type="text"/> Inches <input type="checkbox"/> cm <input type="checkbox"/>
Front length (standing) jugular to navel	<input type="text"/> Inches <input type="checkbox"/> cm <input type="checkbox"/>
Front length (sitting) jugular to belt	<input type="text"/> Inches <input type="checkbox"/> cm <input type="checkbox"/>
Back length (standing) 7th vertebrae to belt	<input type="text"/> Inches <input type="checkbox"/> cm <input type="checkbox"/>
Largest head circumference	<input type="text"/> Inches <input type="checkbox"/> cm <input type="checkbox"/>
Bra Size	<input type="text"/>

I confirm that the sizes above are correct and that I have considered the clothing I will be wearing in the measurements.

Date

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